

Commission on Aging

NEWSLETTER

Did You Know...

Alzheimer's Disease is the 7th leading cause of death. On average, African-Americans waited six years; American Indians, five years; and Caucasians, two years from the time they recognized symptoms of dementia to the time they sought a diagnosis. Source: Alzheimer Association

Positive Ager

The SRA "50+ Lifestyle Guide" features a positive ager in its bi-monthly magazine. Visit www.sraflorida.org to learn more about this issue's positive ager: Rita Bornstein.

Recommended Reading

"The Longevity Prescription: The 8 Proven Keys to a Long, Healthy Life" by Robert Butler

News in Central Florida

August 2010

- **Counsel for Caregivers Seminar** – Elder law attorney Carolyn Sawyer is the August speaker and will focus on Medicaid planning and other legal concerns – August 19th @ 12:10 @ the downtown Orange County Library-3rd Floor, Albertson Room, 101 E. Central Blvd. It's FREE. Lunch is provided to the first 50 who RSVP to 407.836.7446 or officeonaging@ocfl.net!
- **Orange TV** – You can now watch many of Orange TV's video clips at any time on the web. Visit www.orangetvfl.net and click on "vital living-seniors".
- **RSVP** – The Orange County RSVP Office has a new website, it's www.rsvporlando.org. Learn more about volunteering in Orange County.
- **Orlando@50+** – Yes! The National AARP conference is in Orlando this year at the Orange County Convention Center from September 30-October 2! Visit www.aarp.org/events to register and see why this event attracts more than 25,000 people every year!

News Elsewhere

- **Cool website** - www.partnershipsforolderadults.org looks at how to establish community partnerships to develop innovative solutions and options that meet the needs of seniors.
- **Alzheimer's** - The Social Security Administration has added early-onset to the list of conditions under its Compassionate Allowance Initiative, giving those with the disease expedited access to Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). Visit www.socialsecurity.gov/applyfordisability/adult.htm.
- **Fraud Protection** –The Investor Protection Trust has a new "clinician's pocket guide" that identifies common warning signs and techniques to gauge a person's financial capacity. Visit www.investorprotection.org/.
- **End-of-Life** - A new study found that nursing home patients who participate in a program that enables them to record their wishes for end-of-life treatment are less likely to receive unwanted hospitalization and invention. Visit www.americangeriatrics.org/press/id:999/.
- **Caregiving** – You can create your own private website to help family and friends stay in touch and updated during someone's illness. Visit www.caringbridge.org to learn more.
- **Medicare Advantage Program** – This Kaiser Family brief explains how the health care reform law affects the Medicare Advantage program, visit www.kff.org/healthreform/8071.cfm.



Orange County Office on Aging
 2100 East Michigan Street, 2nd Floor; Orlando, FL 32806
 Phone: (407) 836-6563 Fax: (407) 836-7583 Web: www.ocfl.net/seniors
 Email: OfficeonAging@OCFL.net to subscribe

